

A Healthy You November 2009

Monthly Newsletter

The Office of Dr. Kenneth Pettit, DO

We are a dedicated team committed to keeping your whole family in good health.

IN THIS ISSUE: Holiday Skin Preparations | New Luminescence Holiday Spa Pack | Gift Certificates
Monthly Health Tip | 4 Locations throughout The Valley to Serve a Healthy You

HOLIDAY SKIN PREPARATIONS –

Experience the Benefits of Botox



Click Here
to learn more about
the benefits of Botox
www.botoxcosmetic.com

Become one of the millions to erase years of laugh and frown lines from your face by using Botox Cosmetic treatments. In 2005, about 3.3 million Botox Cosmetic procedures were performed, and now, as a part of our new Luminescence Holiday SPA Pack, you could be next. The Holiday SPA Pack includes a VI Peel, Botox, Microdermabrasion and a FREE Laser Hair Treatment.

Botox Cosmetic is a simple, non-surgical procedure that can reduce the appearance of moderate to severe wrinkles and is the only treatment of its type approved by the Food and Drug Administration. Botox Cosmetic is a purified protein produced by the Clostridium botulinum bacterium that lessens the muscle activity that cause those laugh and frown lines to form.

With just one treatment – consisting of a few tiny injections – you will get immediate results. In just days you will notice a smoother face that lasts up to 4 months.

"New" Luminescence Holiday SPA Pack
A Gentle Combination of Treatments
VI Peel • Botox • Microdermabrasion

**Plus, Receive a FREE
Laser Hair Treatment!***

*Offer Expires 12/31/09. Restrictions may apply.
Contact Luminescence for details.

Monthly Health Tip

With the holidays approaching, it is important to maintain healthy eating. When indulging in those holiday favorites remember to eat smaller portions, eat slowly and consider taking a walk after a large meal.

4 Locations throughout The Valley

Comprehensive Family Care

Primary Care Services
Family Medicine
16515 S 40th Street
Phoenix, AZ 85048
480-706-0174

Comprehensive Wound Care

Advances in Wound Care
Hyperbaric Medicine
Locations throughout
the Valley
480-706-0174

Luminescence

Full Service Laser Center
Aesthetic Medicine
16515 S 40th Street
Phoenix, AZ 85048
www.myluminescence.com
480-785-1746

Maricopa Urgent Care

Convenient Walk-In
Medical Care
21300 North
John Wayne Parkway
Maricopa, Arizona 85239
www.drurgentcare.com
520-381-3811



Gift Certificates Available!

• Give the Gift of Our
• Holiday SPA Pack •

Your Health Team – Contact Us Today

We strive to provide the highest level of patient care while maintaining a friendly supportive environment for our patients.

We hope you enjoy our monthly newsletter! Please let us know if we can help you schedule an appointment or if you have any questions.